Life during Covid-19 lockdown for people with vision impairment

Key characteristics of a survey of 937 people with vision impairment in the UK:

62% Severe Vision Impairment

35% Guide Dog Owners

31% Medically Vulnerable

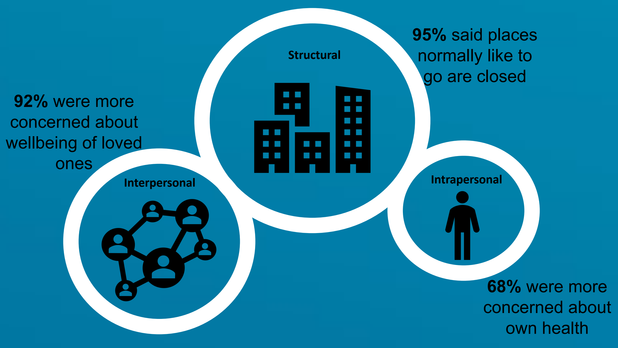
Effect of lockdown measures on activity levels

84% were "much less active" in terms of mobility

62% experienced reduced work, study and/or volunteering

60% experienced reduced exercise, hobbies and other activities

What were the strongest constraints to active, independent life during Covid-19?



95% said places normally like to go are closed

92% were more concerned about wellbeing of loved ones

68% were more concerned about own health

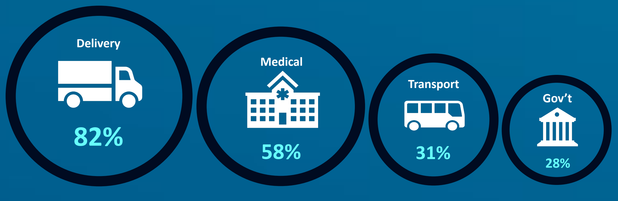
Who felt most constrained during Covid-19? < 70yo | <£50K income

84% made use of technologies to help to overcome constraints to:



Who were best able to make use of these strategies during Covid-19? >£50K income

Services that were rated "good" during Covid-19



Confidence in the 2-metre rule is: ☹

The 2-metre rule is most difficult for: < 70yo

Wellbeing during Covid-19 was moderate for:

- Overall life satisfaction
- State of mind
- Quality of sleep
- Optimism about the future

Based on research by Jillian M. Rickly[1], Nigel Halpern[2], Marcus Hansen[3], Scott McCabe[1] and John Fellenor[4]
[1]University of Nottingham | [2]Kristiania University College (Norway) | [3]Wrexham Glyndwr University | [4]Guide Dogs
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