Data Dictionary

Participant ID	Unique participant ID	
Age	Self-reported age in years	
Sex	Self-reported sex	
Education	Education category selected by participant	Primary Secondary
Education_Code	Recoded Education variable	Primary-1 Secondary-2
PDS_ 1_Growth_Spurt	Participants rated their pubertal development-growth spurt (height): Would you say that your growth in height	has not yet begun to spurt-1, has barely started-2, has definitely started to happen, but is not finished-3, seems completed-4
PDS_ 2_Body_Hair	Participants rated their pubertal development-body hair: How about the growth of body hair (e.g., under your arms)? Would you say that your body hair has:	not started growing-1, barely started growing-2, definitely started growing, but is not finished-3, seems completed-4
PDS_ 3_Skin_Changes	Participants rated their pubertal development-skin changes: Have you noticed any skin changes, especially pimples?	not yet started showing changes-1, have barely started showing changes-2, skin changes have definitely started but are not finished-3, skin changes seem completed-4
PDS_ 4_Boys_Voice_Change	Boy participants rated their pubertal development- voice change: Has your voice started to change?	not yet started changing-1, has barely started changing-2, voice change is definitely happening but is not finished-3, voice change seems completed-4
PDS_ 5_Boys_Facial_Hair	Boy participants rated their pubertal development- facial hair: Have you started to grow facial hair (beard or mustache)?	not yet started growing facial hair-1, have barely started growing facial hair-2, hair growth has definitely started (enough to shave)-3, probably grows now as fast as it will ever grow-4
PDS_ 4_Girls_Breast_Development	Girl participants rated their pubertal development-breast development: Have your breasts begun to grow?	not yet started growing-1, have barely started growing-2, breast growth has definitely started but is not finished-3, breast growth seems completed-4
PDS_ 5_Girls_Menstruation	Girl participants rated their pubertal development-menstruation status: Have	no-1, yes-4

	you begun to menstruate? (“menstruate” means to get your period)	
PDS_Total_Score	Sum of PDS	